

LUNCH

August 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Summer Break	Summer Break
5	6	7	8	9
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
12	13	14	15	16
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
19	20	21	22	23
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
26	27	28	29	30
Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	Chicken Ceasar Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	Cheesy Beans & Rice Tray (V) Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES, SUBJECT TO CHANGE BASED ON AVAILABILITY
 ALL MEALS ARE SERVED WITH A VARIETY OF MILK

V = vegetarian | DF = dairy free | GF = gluten free | CL = Cold Lunch

This institution is an equal opportunity provider.

LUNCH

September 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Chicken Quesadilla Tray Taco Salad Tray (CL) Fruit & Vegetable Milk	4 Turkey Wrap (CL) Taco Salad Tray (CL) Fruit & Vegetable Milk	5 Teriyaki Chicken & Rice Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	6 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
9 Mozzarella Pasta Bake Tray (V) Mac & Cheese Tray (V) Fruit & Vegetable Milk	10 Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	11 Chicken Ceasar Salad Tray (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	12 Orange Chicken & Rice Tray Breaded Chicken Sandwich Fruit & Vegetable Milk	13 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
16 Popcorn Chicken Tray Cheesy Beans & Rice Tray (V) Fruit & Vegetable Milk	17 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	18 Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	19 Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	20 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
23 Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	24 Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	25 Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	26 Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	27 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
30 Corn Dog Bites Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk				

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October 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Corn Dog Bites Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	1 Chicken Quesadilla Tray Cobb Salad (CL) Fruit & Vegetable Milk	2 Turkey Wrap (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	3 Orange Chicken & Rice Tray Egg Fried Rice Tray (V/DF/GF) Fruit & Vegetable Milk	4 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
7 Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	8 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	9 Chicken Ceasar Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	10 No School	11 No School
14 Indigenous Peoples' Day	15 Chicken Quesadilla Tray Taco Salad Tray (CL) Fruit & Vegetable Milk	16 Turkey Wrap (CL) Taco Salad Tray (CL) Fruit & Vegetable Milk	17 Teriyaki Chicken & Rice Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	18 No School
21 Mozzarella Pasta Bake Tray (V) Mac & Cheese Tray (V) Fruit & Vegetable Milk	22 Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	23 Chicken Ceasar Salad Tray (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	24 Orange Chicken & Rice Tray Breaded Chicken Sandwich Fruit & Vegetable Milk	25 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
28 Popcorn Chicken Tray Cheesy Beans & Rice Tray (V) Fruit & Vegetable Milk	29 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	30 Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	31 Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	

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November 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
				Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
4	5	6	7	8
Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
11	12	13	14	15
Veterans Day	Chicken Quesadilla Tray Cobb Salad (CL) Fruit & Vegetable Milk	Turkey Wrap (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	Orange Chicken & Rice Tray Egg Fried Rice Tray (V/DF/GF) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
18	19	20	21	22
Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	Chicken Ceasar Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	No School	No School
25	26	27	28	29
Corn Dog Bites Tray Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	Chicken Quesadilla Tray Taco Salad Tray (CL) Fruit & Vegetable Milk	Turkey Wrap (CL) Taco Salad Tray (CL) Fruit & Vegetable Milk	Thanksgiving Day	No School

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December 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mozzarella Pasta Bake Tray (V) Mac & Cheese Tray (V) Fruit & Vegetable Milk	3 Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	4 Chicken Ceasar Salad Tray (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	5 Orange Chicken & Rice Tray Breaded Chicken Sandwich Fruit & Vegetable Milk	6 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
9 Popcorn Chicken Tray Cheesy Beans & Rice Tray (V) Fruit & Vegetable Milk	10 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	11 Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	12 Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	13 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
16 Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	17 Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	18 Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	19 Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	20 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
23 No School	24 No School	25 Holiday	26 No School	27 No School
30 No School	31 No School			

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January 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 No School	31 No School	1 Holiday	2 No School	3 No School
6 Corn Dog Bites Tray Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	7 Chicken Quesadilla Tray Taco Salad Tray (CL) Fruit & Vegetable Milk	8 Turkey Wrap (CL) Taco Salad Tray (CL) Fruit & Vegetable Milk	9 Teriyaki Chicken & Rice Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	10 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
13 Mozzarella Pasta Bake Tray (V) Mac & Cheese Tray (V) Fruit & Vegetable Milk	14 Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	15 Chicken Ceasar Salad Tray (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	16 Orange Chicken & Rice Tray Breaded Chicken Sandwich Fruit & Vegetable Milk	17 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
20 MLK DAY	21 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	22 Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	23 Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	24 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
27 Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	28 Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	29 Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	30 Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	31 No School

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February 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Corn Dog Bites Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	Chicken Quesadilla Tray Cobb Salad (CL) Fruit & Vegetable Milk	Turkey Wrap (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	Orange Chicken & Rice Tray Egg Fried Rice Tray (V/DF/GF) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
10	11	12	13	14
Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	Chicken Ceasar Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	Cheesy Beans & Rice Tray (V) Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
17	18	19	20	21
Presidents Day	No School	No School	No School	No School
24	25	26	27	28
Mozzarella Pasta Bake Tray (V) Mac & Cheese Tray (V) Fruit & Vegetable Milk	Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	Chicken Ceasar Salad Tray (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	Orange Chicken & Rice Tray Breaded Chicken Sandwich Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk

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March 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Popcorn Chicken Tray Cheesy Beans & Rice Tray (V) Fruit & Vegetable Milk	4 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	5 Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	6 Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	7 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
10 Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	11 Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	12 Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	13 Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	14 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
17 Corn Dog Bites Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	18 No School	19 Turkey Wrap (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	20 Orange Chicken & Rice Tray Egg Fried Rice Tray (V/DF/GF) Fruit & Vegetable Milk	21 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
24 Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	25 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	26 Chicken Ceasar Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	27 Cheesy Beans & Rice Tray (V) Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	28 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
31 No School				

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April 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Chicken Quesadilla Tray Taco Salad Tray (CL) Fruit & Vegetable Milk	Turkey Wrap (CL) Taco Salad Tray (CL) Fruit & Vegetable Milk	Teriyaki Chicken & Rice Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
7	8	9	10	11
No School	Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	No School	No School	No School
14	15	16	17	18
Popcorn Chicken Tray Cheesy Beans & Rice Tray (V) Fruit & Vegetable Milk	Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
21	22	23	24	25
Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
28	29	30		
Corn Dog Bites Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	Chicken Quesadilla Tray Cobb Salad (CL) Fruit & Vegetable Milk	Turkey Wrap (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk		

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May 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28	29	30	1
			Orange Chicken & Rice Tray Egg Fried Rice Tray (V/DF/GF) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
	5	6	7	8
Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	Chicken Ceasar Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	Cheesy Beans & Rice Tray (V) Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
	12	13	14	15
Corn Dog Bites Tray Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	Chicken Quesadilla Tray Taco Salad Tray (CL) Fruit & Vegetable Milk	Turkey Wrap (CL) Taco Salad Tray (CL) Fruit & Vegetable Milk	Teriyaki Chicken & Rice Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
	19	20	21	22
Mozzarella Pasta Bake Tray (V) Mac & Cheese Tray (V) Fruit & Vegetable Milk	Breaded Chicken Sandwich Turkey Cheddar sandwich (CL) Fruit & Vegetable Milk	Chicken Ceasar Salad Tray (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	Orange Chicken & Rice Tray Breaded Chicken Sandwich Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
	26	27	28	29
Memorial Day	Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	Cobb Salad (CL) Turkey Wrap (CL) Fruit & Vegetable Milk	Chicken Pasta Alfredo Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
				30

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June 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Popcorn Chicken Tray Hearty Mac & Cheese Tray (V/DF/GF) Fruit & Vegetable Milk	3 Breaded Chicken Sandwich Hearty Chili Tray (V/DF/GF) Fruit & Vegetable Milk	4 Taco Salad Tray (CL) Beyond Taco Salad Tray (V/DF/GF/CL) Fruit & Vegetable Milk	5 Teriyaki Chicken & Rice Tray Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk	6 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
9 Corn Dog Bites Tray Pasta Alfredo Tray (V) Fruit & Vegetable Milk	10 Chicken Quesadilla Tray Cobb Salad (CL) Fruit & Vegetable Milk	11 Turkey Wrap (CL) FNL Lunch Pack (CL) Fruit & Vegetable Milk	12 Orange Chicken & Rice Tray Egg Fried Rice Tray (V/DF/GF) Fruit & Vegetable Milk	13 Traditional Pizza Bagel Tray (V) Roasted Garlic Pizza Bagel Tray (V) Fruit & Vegetable Milk
16 Chicken Pasta Alfredo Tray Hearty Pasta Alfredo Tray (V/DF/GF) Fruit & Vegetable Milk	17 Cheeseburger Beyond Burger (V/DF) Fruit & Vegetable Milk	18 Summer Break	18 Summer Break	19 Summer Break
23 Summer Break	24 Summer Break	25 Summer Break	26 Summer Break	27 Summer Break
30 Summer Break				

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