

BREAKFAST

August 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Summer Break	2 Summer Break
5 Summer Break	6 Summer Break	7 Summer Break	8 Summer Break	9 Summer Break
12 Summer Break	13 Summer Break	14 Summer Break	15 Summer Break	16 Summer Break
19 Summer Break	20 Summer Break	21 Summer Break	22 Summer Break	23 Summer Break
26 Cheddar Stick Blueberry Muffin Fruit Milk	27 Golden Graham Cereal Bowl Fruit Milk	28 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	29 String Cheese Cinnamon Poptart Fruit Milk	30 Bagel w/Cream Cheese Fruit Milk

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY
 ALL MEALS ARE SERVED WITH A VARIETY OF MILK

V = vegetarian | DF = dairy free | GF = gluten free | CL = Cold Lunch

This institution is an equal opportunity provider.

BREAKFAST

September 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Original Cherrios Cereal Bowls (GF) Fruit Milk	4 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	5 Cheddar Stick Strawberry Poptart Fruit Milk	6 Bagel w/Cream Cheese Fruit Milk
9 Cheddar Stick Banana Muffin Fruit Milk	10 Apple Cinnamon Cheerios (GF) Fruit Milk	11 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	12 String Cheese Cinnamon Poptart Fruit Milk	13 Bagel w/Cream Cheese Fruit Milk
16 String Cheese Blueberry Muffin Fruit Milk	17 Coco Puffs Cereal Bowl Fruit Milk	18 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	19 Cheddar Stick Strawberry Poptart Fruit Milk	20 Bagel w/Cream Cheese Fruit Milk
23 Cheddar Stick Apple Muffin Fruit Milk	24 Cinnamon Chex Bowl (GF) Fruit Milk	25 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	26 Yogurt Cup Cinnamon Granola Fruit Milk	27 Bagel w/Cream Cheese Fruit Milk
30 String Cheese Banana Muffin Fruit Milk				

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BREAKFAST

October 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 Frosted Flakes Cereal Bowl Fruit Milk	2 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	3 Cheddar Stick Strawberry Poptart Fruit Milk	4 Bagel w/Cream Cheese Fruit Milk
7 Cheddar Stick Blueberry Muffin Fruit Milk	8 Golden Graham Cereal Bowl Fruit Milk	9 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	10 No School	11 No School
14 Indigenous Peoples' Day	15 Original Cherrios Cereal Bowls (GF) Fruit Milk	16 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	17 Cheddar Stick Strawberry Poptart Fruit Milk	18 No School
21 Cheddar Stick Banana Muffin Fruit Milk	22 Apple Cinnamon Cheerios (GF) Fruit Milk	23 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	24 String Cheese Cinnamon Poptart Fruit Milk	25 Bagel w/Cream Cheese Fruit Milk
28 String Cheese Blueberry Muffin Fruit Milk	29 Coco Puffs Cereal Bowl Fruit Milk	30 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	31 Cheddar Stick Strawberry Poptart Fruit Milk	

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BREAKFAST

November 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Bagel w/Cream Cheese Fruit Milk
4 Cheddar Stick Apple Muffin Fruit Milk	5 Cinnamon Chex Bowl (GF) Fruit Milk	6 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	7 Yogurt Cup Cinnamon Granola Fruit Milk	8 Bagel w/Cream Cheese Fruit Milk
11 Veterans Day	12 Frosted Flakes Cereal Bowl Fruit Milk	13 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	14 Cheddar Stick Strawberry Poptart Fruit Milk	15 Bagel w/Cream Cheese Fruit Milk
18 Cheddar Stick Blueberry Muffin Fruit Milk	19 Golden Graham Cereal Bowl Fruit Milk	20 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	21 No School	22 No School
25 String Cheese Apple Muffin Fruit Milk	26 Original Cherrios Cereal Bowls (GF) Fruit Milk	27 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	28 Thanksgiving Day	29 No School

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BREAKFAST

December 2024



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheddar Stick Banana Muffin Fruit Milk	3 Apple Cinnamon Cheerios (GF) Fruit Milk	4 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	5 String Cheese Cinnamon Poptart Fruit Milk	6 Bagel w/Cream Cheese Fruit Milk
9 String Cheese Blueberry Muffin Fruit Milk	10 Coco Puffs Cereal Bowl Fruit Milk	11 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	12 Cheddar Stick Strawberry Poptart Fruit Milk	13 Bagel w/Cream Cheese Fruit Milk
16 Cheddar Stick Apple Muffin Fruit Milk	17 Cinnamon Chex Bowl (GF) Fruit Milk	18 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	19 Yogurt Cup Cinnamon Granola Fruit Milk	20 Bagel w/Cream Cheese Fruit Milk
23 No School	24 No School	25 Holiday	26 No School	27 No School
30 No School	31 No School			

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BREAKFAST

January 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 No School	31 No School	1 Holiday	2 No School	3 No School
6 String Cheese Apple Muffin Fruit Milk	7 Original Cheerios Cereal Bowls (GF) Fruit Milk	8 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	9 Cheddar Stick Strawberry Poptart Fruit Milk	10 Bagel w/Cream Cheese Fruit Milk
13 Cheddar Stick Banana Muffin Fruit Milk	14 Apple Cinnamon Cheerios (GF) Fruit Milk	15 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	16 String Cheese Cinnamon Poptart Fruit Milk	17 Bagel w/Cream Cheese Fruit Milk
20 MLK DAY	21 Coco Puffs Cereal Bowl Fruit Milk	22 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	23 Cheddar Stick Strawberry Poptart Fruit Milk	24 Bagel w/Cream Cheese Fruit Milk
27 Cheddar Stick Apple Muffin Fruit Milk	28 Cinnamon Chex Bowl (GF) Fruit Milk	29 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	30 Yogurt Cup Cinnamon Granola Fruit Milk	31 No School

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BREAKFAST

February 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 String Cheese Banana Muffin Fruit Milk	4 Frosted Flakes Cereal Bowl Fruit Milk	5 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	6 Cheddar Stick Strawberry Poptart Fruit Milk	7 Bagel w/Cream Cheese Fruit Milk
10 Cheddar Stick Blueberry Muffin Fruit Milk	11 Golden Graham Cereal Bowl Fruit Milk	12 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	13 String Cheese Cinnamon Poptart Fruit Milk	14 Bagel w/Cream Cheese Fruit Milk
17 Presidents Day	18 No School	19 No School	20 No School	21 No School
24 Cheddar Stick Banana Muffin Fruit Milk	25 Apple Cinnamon Cheerios (GF) Fruit Milk	26 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	27 String Cheese Cinnamon Poptart Fruit Milk	28 Bagel w/Cream Cheese Fruit Milk

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March 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 String Cheese Blueberry Muffin Fruit Milk	4 Coco Puffs Cereal Bowl Fruit Milk	5 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	6 Cheddar Stick Strawberry Poptart Fruit Milk	7 Bagel w/Cream Cheese Fruit Milk
10 Cheddar Stick Apple Muffin Fruit Milk	11 Cinnamon Chex Bowl (GF) Fruit Milk	12 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	13 Yogurt Cup Cinnamon Granola Fruit Milk	14 Bagel w/Cream Cheese Fruit Milk
17 String Cheese Banana Muffin Fruit Milk	18 No School	19 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	20 Cheddar Stick Strawberry Poptart Fruit Milk	21 Bagel w/Cream Cheese Fruit Milk
24 Cheddar Stick Blueberry Muffin Fruit Milk	25 Golden Graham Cereal Bowl Fruit Milk	26 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	27 String Cheese Cinnamon Poptart Fruit Milk	28 Bagel w/Cream Cheese Fruit Milk
31 No School				

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April 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Original Cheerios Cereal Bowls (GF) Fruit Milk	2 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	3 Cheddar Stick Strawberry Poptart Fruit Milk	4 Bagel w/Cream Cheese Fruit Milk
7 No School	8 Apple Cinnamon Cheerios (GF) Fruit Milk	9 No School	10 No School	11 No School
14 String Cheese Blueberry Muffin Fruit Milk	15 Coco Puffs Cereal Bowl Fruit Milk	16 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	17 Cheddar Stick Strawberry Poptart Fruit Milk	18 Bagel w/Cream Cheese Fruit Milk
21 Cheddar Stick Apple Muffin Fruit Milk	22 Cinnamon Chex Bowl (GF) Fruit Milk	23 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	24 Yogurt Cup Cinnamon Granola Fruit Milk	25 Bagel w/Cream Cheese Fruit Milk
28 String Cheese Banana Muffin Fruit Milk	29 Frosted Flakes Cereal Bowl Fruit Milk	30 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk		

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May 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Cheddar Stick Strawberry Poptart Fruit Milk	2 Bagel w/Cream Cheese Fruit Milk
5 Cheddar Stick Blueberry Muffin Fruit Milk	6 Golden Graham Cereal Bowl Fruit Milk	7 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	8 String Cheese Cinnamon Poptart Fruit Milk	9 Bagel w/Cream Cheese Fruit Milk
12 String Cheese Apple Muffin Fruit Milk	13 Original Cherrios Cereal Bowls (GF) Fruit Milk	14 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	15 Cheddar Stick Strawberry Poptart Fruit Milk	16 Bagel w/Cream Cheese Fruit Milk
19 Cheddar Stick Banana Muffin Fruit Milk	20 Apple Cinnamon Cheerios (GF) Fruit Milk	21 Yogurt Cup Pancake Breakfast (Hot) Fruit Milk	22 String Cheese Cinnamon Poptart Fruit Milk	23 Bagel w/Cream Cheese Fruit Milk
26 Memorial Day	27 Coco Puffs Cereal Bowl Fruit Milk	28 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	29 Cheddar Stick Strawberry Poptart Fruit Milk	30 Bagel w/Cream Cheese Fruit Milk

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June 2025



Rainier Valley Leadership Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheddar Stick Apple Muffin Fruit Milk	3 Cinnamon Chex Bowl (GF) Fruit Milk	4 Cheddar Stick Pancake Breakfast (Hot) Fruit Milk	5 Yogurt Cup Cinnamon Granola Fruit Milk	6 Bagel w/Cream Cheese Fruit Milk
9 String Cheese Banana Muffin Fruit Milk	10 Frosted Flakes Cereal Bowl Fruit Milk	11 Yogurt Cup French Toast Breakfast (Hot) Fruit Milk	12 Cheddar Stick Strawberry Poptart Fruit Milk	13 Bagel w/Cream Cheese Fruit Milk
16 Cheddar Stick Blueberry Muffin Fruit Milk	17 Golden Graham Cereal Bowl Fruit Milk	18 Summer Break	19 Summer Break	20 Summer Break
23 Summer Break	24 Summer Break	25 Summer Break	26 Summer Break	27 Summer Break
30 Summer Break				

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